



KERALA AQUATIC ASSOCIATION

(STATE UNIT OF SWIMMING FEDERATION OF INDIA & MEMBER OF KERALA STATE SPORTS COUNCIL)

72nd Kerala State Aquatic Championship for Men & Women held at St. Thomas Swimming pool, Pala, Kottayam on 30.05.2025 & 31.05-2025

RESULTS - MEN SECTION

1 - 50 M. Freestyle

Record: 00:23:67 , ABHIJITH GEGARIN , Ernakulam , 2019

I	MOHAMMAD ABDUL BASITH	Ernakulam	00:24:27
II	ANOOP T R	Thiruvananthapuram	00:24:74
III	SREEHARI B	Thiruvananthapuram	00:25:18
IV	JOSEPH V JOSE	Ernakulam	00:25:67
V	AKASH G M	Thiruvananthapuram	00:25:79
VI	ARJUN AJI	Alappuzha	00:27:13
VII	ADHARSH.M	Thrissur	00:27:53
VIII	ABHIJITH G	Ernakulam	00:28:14

2 - 100 M. Freestyle

Record: 00:53:73 , ABHIJITH GEGARIN , Ernakulam , 2019

I	SREEHARI B	Thiruvananthapuram	00:54:08
II	MOHAMMAD ABDUL BASITH	Ernakulam	00:55:08
III	ANOOP T R	Thiruvananthapuram	00:55:70
IV	ADARSH L	Thiruvananthapuram	00:56:26
VI	JOSEPH V JOSE	Ernakulam	00:56:69
V	ABHIJITH G	Ernakulam	00:56:91
VII	ARJUN AJI	Alappuzha	00:59:12
VIII	JOY JOSE THOPPAN	Kottayam	01:00:35

3 - 200 M. Freestyle

Record: 01:56:70 , ABHINAV S , Thiruvananthapuram , 2024

I	ABHINAV S	Thiruvananthapuram	01:57:60
II	SREEHARI B	Thiruvananthapuram	01:58:43
III	R RUHUNU KRISHNA	Thiruvananthapuram	02:00:78
IV	JOSEPH V JOSE	Ernakulam	02:04:86
V	ATHUL RAJ	Ernakulam	02:06:37
VI	ARJUN AJI	Alappuzha	02:11:77
VII	JOY JOSE THOPPAN	Kottayam	02:12:82
VIII	ENRIC P MANOJ	Ernakulam	02:14:96

4 - 400 M. Freestyle

Record: 04:09:93 , ABHINAV S , Ernakulam , 2024

I	ABHINAV S	Thiruvananthapuram	04:12:19
II	R RUHUNU KRISHNA	Thiruvananthapuram	04:13:38
III	SHRAVAN S	Thiruvananthapuram	04:20:04
IV	ESHAN NABIL	Ernakulam	04:58:18
V	EMMANUEL TILSON JOHN	Ernakulam	05:04:74
VI	GOUTHAM KRISHNA.M	Thrissur	05:07:44
VII	GOPESH H	Ernakulam	05:07:61
VIII	RON JAMES PRANIL	Kottayam	05:08:45

5 - 800 M. Freestyle**Record:** 08:34:51 , ABHINAV S , Thiruvananthapuram , 2024

I	ABHINAV S	Thiruvananthapuram	08:36:18
II	R RUHUNU KRISHNA	Thiruvananthapuram	08:37:49
III	SHRAVAN S	Thiruvananthapuram	09:01:97
IV	ESHAN NABIL	Ernakulam	10:08:10
V	GOPESH H	Ernakulam	10:14:13
VI	GOURISH H	Ernakulam	10:14:23
VII	ANUJITH S NAIR	Kottayam	10:58:60
VIII	MAHESWAR.K.M	Thrissur	11:02:60

6 - 1500 M. Freestyle**Record:** 16:37:13 , Anand. A. S , Ernakulam , 2014

I	R RUHUNU KRISHNA	Thiruvananthapuram	16:16:14 (N.R)
II	SHRAVAN S	Thiruvananthapuram	17:15:11
III	SABARINATH P S	Thiruvananthapuram	18:20:70
IV	ANIJITH BIJU	Ernakulam	19:50:28
V	ENRIC P MANOJ	Ernakulam	19:53:82
VI	GOPESH H	Ernakulam	20:17:24
VII	RON JAMES PRANIL	Kottayam	21:08:42
VIII	ANUJITH S NAIR	Kottayam	21:41:47

7 - 50 M. Back Stroke**Record:** 00:28:35 , DHANUSH P J , Ernakulam , 2024

I	CLIFFORD JOSEPH	Ernakulam	00:28:34 (N.R)
II	DHANUSH P J	Ernakulam	00:28:53
III	SAMARTH P JOSHI	Ernakulam	00:29:76
IV	ANAND A KUMAR	Thiruvananthapuram	00:29:79
V	K P ROHAN MAHESH	Kannur	00:30:76
VI	KAUSHIK LAL S R	Thiruvananthapuram	00:31:89
VII	VISHNU.S.KUMAR	Thrissur	00:32:23
VIII	ATHUL K P	Thiruvananthapuram	00:32:29

8 - 100 M. Back Stroke**Record:** 01:01:03 , DHANUSH P J , Ernakulam , 2022

I	DHANUSH P J	Ernakulam	01:01:70
II	SAMARTH P JOSHI	Ernakulam	01:02:32
III	ANAND A KUMAR	Thiruvananthapuram	01:05:56
IV	ATHUL K P	Thiruvananthapuram	01:07:11
V	CHRISTY SOJAN	Ernakulam	01:07:30
VI	KAUSHIK LAL S R	Thiruvananthapuram	01:08:56
VII	VISHNU KRISHNA R	Palakkad	01:14:96
VIII	JOY JOSE THOPPAN	Kottayam	01:17:65

9 - 200 M. Back Stroke**Record:** 02:14:16 , ABHINAV S , Ernakulam , 2023

I	SAMARTH P JOSHI	Ernakulam	02:18:99
II	ATHUL RAJ	Ernakulam	02:24:38
III	ATHUL K P	Thiruvananthapuram	02:26:13
IV	ANAND A KUMAR	Thiruvananthapuram	02:27:55
V	KAUSHIK LAL S R	Thiruvananthapuram	02:28:99
VI	VISHNU KRISHNA R	Palakkad	02:39:16
VII	SANDEEP SAJEEV	Kottayam	02:58:49
VIII	ROVAN ABE	Kottayam	03:05:34

10- 50 M. Breast Stroke**Record:** 00:29:44 , SUNEESH. S , Thiruvananthapuram , 2019

I	GIRIDHAR S	Ernakulam	00:30:84
II	JOJIMON. P.S	Kottayam	00:31:38
III	GOKUL V GOPAN	Thiruvananthapuram	00:32:00
IV	ARJUN S SATHYA	Thiruvananthapuram	00:32:38
V	PRANAV TS	Ernakulam	00:32:76
VI	RAHUL R	Thiruvananthapuram	00:33:92
VII	ABHIJITH P P	Ernakulam	00:34:10
VIII	SREESANKAR N	Kannur	00:35:65

11- 100 M. Breast Stroke**Record:** 01:05:34 , SUNEESH. S , Thiruvananthapuram , 2018

I	PRANAV TS	Ernakulam	01:08:65
II	GIRIDHAR S	Ernakulam	01:09:16
III	GOKUL V GOPAN	Thiruvananthapuram	01:09:36
IV	ARJUN S SATHYA	Thiruvananthapuram	01:09:98
V	JOJIMON P.S	Kottayam	01:11:90
VI	RAHUL R	Thiruvananthapuram	01:15:27
VII	ABHIJITH P P	Ernakulam	01:16:01
VIII	ADITH MANOJ	Kottayam	01:22:98

12- 200 M. Breast Stroke**Record:** 02:24:58 , KEVIN JINU , Kottayam , 2024

I	GOKUL V GOPAN	Thiruvananthapuram	02:29:52
II	ARJUN S SATHYA	Thiruvananthapuram	02:35:27
III	KARTHIK S PRADOSH	Thiruvananthapuram	02:41:57
IV	ANTONIO PLAITO	Ernakulam	02:49:05
V	ABHIJITH P P	Ernakulam	02:55:34
VI	SURYA.K.M	Thrissur	03:03:76
VII	DEVAPRAYAGA M	Kozhikode	03:14:37
VIII	SREEHARI. S	Kottayam	03:23:80

13- 50 M. Butterfly Stroke**Record:** 00:25:56 , VISHNU G , Ernakulam , 2024

I	ADARSH L	Thiruvananthapuram	00:26:59
II	SIVANAND B S	Thiruvananthapuram	00:27:02
III	ANOOP T R	Thiruvananthapuram	00:27:03
IV	MOHAMMAD ABDUL BASITH	Ernakulam	00:27:44
V	KAUSTHUBNATH. J	Palakkad	00:27:81
VI	VINAYAK S KIUMAR	Alappuzha	00:27:96
VII	JOSEPH V JOSE	Ernakulam	00:28:28
VIII	ABHINAAV VIJIKUMAR	Ernakulam	00:28:44

14- 100 M. Butterfly Stroke**Record:** 00:57:44 , VISHNU G , Ernakulam , 2024

I	ADARSH L	Thiruvananthapuram	00:58:58
II	SIVANAND B S	Thiruvananthapuram	00:58:81
III	GEEVARGHESE JAISE	Ernakulam	00:59:71
IV	ABHINAAV VIJIKUMAR	Ernakulam	01:00:14
V	DEEPAK S D	Thiruvananthapuram	01:01:26
VI	KAUSTHUBNATH. J	Palakkad	01:01:36
VII	VINAYAK S KIUMAR	Alappuzha	01:01:92
VIII	JOY JOSE THOPPAN	Kottayam	01:07:44

15- **200 M. Butterfly Stroke**

Record: 02:08:16 , SIVANAND B S , Thiruvananthapuram , 2024

I	SIVANAND B S	Thiruvananthapuram	02:09:61
II	GEEVARGHESE JAISE	Ernakulam	02:15:43
III	ABHINAAV VIJIKUMAR	Ernakulam	02:15:98
IV	KAUSTHUBNATH. J	Palakkad	02:21:59
V	NANDHAV K	Kozhikode	02:27:58
VI	AAROSH S	Thiruvananthapuram	02:27:92
VII	SHIBU S	Palakkad	02:31:79
VIII	AGNESH KRISHNA A S	Thiruvananthapuram	02:39:63

16- **200 M. Individual Medley**

Record: 02:13:63 , JAGAN NATHAN. P J , Ernakulam , 2014

I	GOKUL V GOPAN	Thiruvananthapuram	02:15:98
II	VINAYAK S KIUMAR	Alappuzha	02:23:84
III	ABHISHEK S	Thiruvananthapuram	02:24:39
IV	KARTHIK S PRADOSH	Thiruvananthapuram	02:28:89
V	ANIJITH BIJU	Ernakulam	02:33:38
VI	CHRISTY SOJAN	Ernakulam	02:46:34
VII	ADITHYA JAYARAJ	Thrissur	02:51:49

17- **400 M. Individual Medley**

Record: 04:45:70 , GOKUL V GOPAN , Thiruvananthapuram , 2024

I	GOKUL V GOPAN	Thiruvananthapuram	04:54:34
II	KARTHIK S PRADOSH	Thiruvananthapuram	05:11:11
III	ABHISHEK S	Thiruvananthapuram	05:20:69
IV	ANIJITH BIJU	Ernakulam	05:46:99
V	DHIPIN V	Palakkad	05:57:09
VI	CYRIAC JOHN	Ernakulam	06:00:75
VII	ABHINAND S	Kottayam	06:03:76
VIII	ASWIN KRISHNA	Kottayam	06:52:31

18 - **4x100 M. Freestyle Relay**

Record Time: 03:48:10 , Thiruvananthapuram , 2024

I	SREEHARI B DEEPAK S D	ANOOP T R ADARSH L	Thiruvananthapuram	03:49:30
II	MOHAMMAD ABDUL ABHINAAV VIJIKUMAR	JOSEPH V JOSE SAMARTH P JOSHI	Ernakulam	03:58:14
III	SHIBU S KAUSTHUBNATH. J	NANDAGOPAL M AVINASH M	Palakkad	04:04:71
IV	ADITHYAN.V.R ADHARSH.M	AKHIL.S.N GOUTHAM KRISHNA.M	Thrissur	04:07:48
V	JOY JOSE THOPPAN KEVIN JINU	RON JAMES PRANIL JAGNATHAN S NAIR	Kottayam	04:08:49
VI	PAVIN. P ARUN. M	ERISHI CHANDRAN NANDANAN R.R	Malappuram	04:16:07

19 - **4x200 M. Freestyle Relay**

Record Time: 08:35:26 , Thiruvananthapuram , 2022

I	ABHINAV S SHRAVAN S	SREEHARI B R RUHUNU KRISHNA	Thiruvananthapuram	08:41:59
II	JOSEPH V JOSE GEEVARGHESE JAISE	ENRIC P MANOJ ATHUL RAJ	Ernakulam	09:16:30
III	GOUTHAM KRISHNA.M ADITHYAN.V.R	MAHESWAR.K.M ADHARSH.M	Thrissur	09:28:82
IV	ANUJITH S NAIR JOY JOSE THOPPAN	RON JAMES PRANIL JAGNATHAN S NAIR	Kottayam	09:29:92
V	VISHNU KRISHNA R NANDAGOPAL M	MIDHUL R DHIPIN V	Palakkad	10:01:75

20 - 4x100 M. Medley Relay**Record Time:** 04:07:12 , Ernakulam

, 2024

I	ANAND A KUMAR ANOOP T R	GOKUL V GOPAN ADARSH L	Thiruvananthapuram	04:07:74
II	SAMARTH P JOSHI GEEVARGHESE JAISE	PRANAV TS MOHAMMAD ABDUL	Ernakulam	04:09:53
III	VISHNU KRISHNA R SHAAN H	KAUSTHUBNATH. J SHIBU S	Palakkad	04:47:37
IV	JOY JOSE THOPPAN RON JAMES PRANIL	ADITH MANOJ ANUJITH S NAIR	Kottayam	04:51:44
V	VISHNU.S.KUMAR ADHARSH.M	KIRAN.M.P AKHIL.S.N	Thrissur	04:52:61

WOMEN SECTION**1 - 50 M. Freestyle****Record:** 00:28:09 , LIYANA FATHIMA , Ernakulam , 2018

I	VRINDA R.S	Thiruvananthapuram	00:29:57
II	ESHANI P JOSHI	Ernakulam	00:29:63
III	BHADRA SUDEVAN S	Thiruvananthapuram	00:29:71
IV	NICOLE POLY	Ernakulam	00:31:45
V	CAREN BENNY	Ernakulam	00:31:61
VI	RIYA ABE	Kottayam	00:32:87
VII	LEA MARIA JUSTIN	Kottayam	00:33:34
VIII	CHINMAYI SHIBIL	Thrissur	00:33:85

2 - 100 M. Freestyle**Record:** 01:01:00 , LIYANA FATHIMA , Ernakulam , 2018

I	BHADRA SUDEVAN S	Thiruvananthapuram	01:04:74
II	HANNAH ELIZABETH SIYO	Ernakulam	01:04:76
III	VRINDA R.S	Thiruvananthapuram	01:05:07
IV	ESHANI P JOSHI	Ernakulam	01:06:60
V	ANAKHA M R	Thiruvananthapuram	01:11:62
VI	REEMA ABE	Kottayam	01:12:55
VII	NICOLE POLY	Ernakulam	01:12:74
VIII	RIYA ABE	Kottayam	01:12:79

3 - 200 M. Freestyle**Record:** 02:16:97 , SANDHYA. S , Thiruvananthapuram , 2014

I	HANNAH ELIZABETH SIYO	Ernakulam	02:20:60
II	VRINDA R.S	Thiruvananthapuram	02:23:22
III	ABHINANDA V	Thiruvananthapuram	02:28:72
IV	CAREN BENNY	Ernakulam	02:37:52
VI	NIVYA M	Palakkad	02:39:11
VII	REEMA ABE	Kottayam	02:39:56
VIII	MEHRIN ASIF	Ernakulam	02:40:05

4 - 400 M. Freestyle**Record:** 04:51:24 , SANDHYA. S , Thiruvananthapuram , 2014

I	HANNAH ELIZABETH SIYO	Ernakulam	04:58:01
II	VRINDA R.S	Thiruvananthapuram	04:59:20
III	ANAKHA M R	Thiruvananthapuram	05:22:45
IV	GAYATHRI DEV	Ernakulam	05:27:25
V	REVATHY R	Thiruvananthapuram	05:30:58
VI	REEMA ABE	Kottayam	05:37:06
VII	JİYOL ROSE	Kannur	06:40:67

5 - 800 M. Freestyle**Record:** 10:17:31 , V. Remya , Trichur , 1999

I	HANNAH ELIZABETH SIYO	Ernakulam	10:14:06 (N.R)
II	ABHINANDA V	Thiruvananthapuram	10:31:97
III	REVATHY R	Thiruvananthapuram	11:06:80
IV	ARDRA S	Thiruvananthapuram	11:08:06
V	CAREN BENNY	Ernakulam	11:32:78
VI	REEMA ABE	Kottayam	11:34:13
VII	JYOTSNA JERALD	Ernakulam	11:58:38
VIII	ANGELINA DENNY	Kottayam	13:41:24

6 - 1500 M. Freestyle**Record:** 19:35:30 , V. Remya , Trichur , 2004

I	HANNAH ELIZABETH SIYO	Ernakulam	19:42:88
II	ARDRA S	Thiruvananthapuram	20:47:44
III	ADHITHEYA A J	Thiruvananthapuram	21:23:58
IV	THAGSEENA F	Thiruvananthapuram	21:50:85
V	AKSHAYA S	Palakkad	23:21:54
VI	ANGELINA DENNY	Kottayam	24:41:97

7 - 50 M. Back Stroke**Record:** 00:32:27 , SANAA MATHEW , Ernakulam , 2019

I	AVANTHIKA PRADEEP	Ernakulam	00:32:46
II	DEVIKA K	Kozhikode	00:32:99
III	DHAKSHINA BIJO P	Thiruvananthapuram	00:34:26
IV	ESHANI P JOSHI	Ernakulam	00:35:11
V	NICOLE POLY	Ernakulam	00:35:37
VI	RIYA ABE	Kottayam	00:35:40
VII	MAYOOKHA SUJITH	Thiruvananthapuram	00:38:55
VIII	SHIKHA S R	Thiruvananthapuram	00:39:86

8 - 100 M. Back Stroke**Record:** 01:10:43 , SANAA MATHEW , Ernakulam , 2019

I	AVANTHIKA PRADEEP	Ernakulam	01:10:19 (N.R)
II	DEVIKA K	Kozhikode	01:14:98
III	DHAKSHINA BIJO P	Thiruvananthapuram	01:15:49
IV	NICOLE POLY	Ernakulam	01:15:97
V	MAYOOKHA SUJITH	Thiruvananthapuram	01:19:07
VI	BHAGYA KRISHNA R B	Thiruvananthapuram	01:20:73
VII	RIYA ABE	Kottayam	01:26:00
VIII	KAVYA M	Palakkad	01:26:91

9 - 200 M. Back Stroke**Record:** 02:35:87 , SANAA MATHEW , Ernakulam , 2019

I	AVANTHIKA PRADEEP	Ernakulam	02:33:11 (N.R)
II	DHAKSHINA BIJO P	Thiruvananthapuram	02:43:47
III	MAYOOKHA SUJITH	Thiruvananthapuram	02:47:09
IV	NICOLE POLY	Ernakulam	02:51:63
V	DEVIKA K	Kozhikode	02:52:06
VI	SHIKHA S R	Thiruvananthapuram	02:56:22
VII	RIYA ABE	Kottayam	02:56:43
VIII	NEEHARA R PRIYESH	Ernakulam	02:59:92

10- 50 M. Breast Stroke**Record:** 00:36:95 , ALAKANANDA RAJU , Ernakulam , 2024

I	RHITHU. J.S	Thiruvananthapuram	00:38:36
II	BHADRA SUDEVAN S	Thiruvananthapuram	00:38:99
III	AMELIA MARIAM ABIN	Ernakulam	00:39:46
IV	CHINMAYI SHIBIL	Thrissur	00:40:76
V	NEHA NIRMAL	Ernakulam	00:41:25
VI	BHAGYA KRISHNA R B	Thiruvananthapuram	00:41:58
VII	ABJINI K REJISH	Ernakulam	00:42:36
VIII	NIVEDITHA S KANNAN	Malappuram	00:47:90

11- 100 M. Breast Stroke**Record:** 01:21:33 , ALAKANANDA RAJU , Ernakulam , 2024

I	AMELIA MARIAM ABIN	Ernakulam	01:24:88
II	RHITHU. J.S	Thiruvananthapuram	01:25:55
III	BHADRA SUDEVAN S	Thiruvananthapuram	01:27:25
IV	BHAGYA KRISHNA R B	Thiruvananthapuram	01:30:67
V	ALEENA JERALD	Ernakulam	01:31:40
VI	NEHA NIRMAL	Ernakulam	01:31:95
VII	ATHIRA R	Palakkad	01:37:05
VIII	CHINMAYI SHIBIL	Thrissur	01:37:48

12- 200 M. Breast Stroke**Record:** 02:53:01 , ALAKANANDA RAJU , Ernakulam , 2024

I	BHAGYA KRISHNA R B	Thiruvananthapuram	03:04:02
II	AMELIA MARIAM ABIN	Ernakulam	03:07:09
III	ALEENA JERALD	Ernakulam	03:16:56
IV	ABJINI K REJISH	Ernakulam	03:16:75
V	MADHURIMA SM	Thiruvananthapuram	03:20:69
VI	ADEENDRA S	Thiruvananthapuram	03:28:02
VII	CHINMAYI SHIBIL	Thrissur	03:31:28
VIII	ATHIRA R	Palakkad	03:36:03

13- 50 M. Butterfly Stroke**Record:** 00:29:73 , ESHANI P JOSHI , Ernakulam , 2024

I	ESHANI P JOSHI	Ernakulam	00:30:87
II	VIDHYA LEKSHMI R	Thiruvananthapuram	00:31:51
III	TASHA T THOMAS	Ernakulam	00:32:05
IV	GAYATHRI DEV	Ernakulam	00:32:27
V	EBBA ADILA S	Thiruvananthapuram	00:33:53
VI	VAIGA. A.V	Thiruvananthapuram	00:35:75
VII	ANASWARA. S	Malappuram	00:36:57
VIII	JYOTHIKA R NAIR	Malappuram	00:36:68

14- 100 M. Butterfly Stroke**Record:** 01:08:05 , LIYANA FATHIMA , Ernakulam , 2018

I	VIDHYA LEKSHMI R	Thiruvananthapuram	01:10:83
II	ESHANI P JOSHI	Ernakulam	01:12:33
III	TASHA T THOMAS	Ernakulam	01:12:43
IV	GAYATHRI DEV	Ernakulam	01:13:45
V	ANGELIN A JUSTIN	Thiruvananthapuram	01:18:00
VI	EBBA ADILA S	Thiruvananthapuram	01:20:89
VII	SRANIKA S	Palakkad	01:22:51
VIII	SOORYA S	Kottayam	01:33:42

15- **200 M. Butterfly Stroke**

Record: 02:35:80 , Swathy Sunder. M , Thiruvananthapuram , 2015

I	TASHA T THOMAS	Ernakulam	02:52:33
II	ARDRA S	Thiruvananthapuram	02:57:12
III	ANGELIN A JUSTIN	Thiruvananthapuram	03:00:24
IV	SRANIKA S	Palakkad	03:01:83
V	GAYATHRI DEV	Ernakulam	03:06:98
VI	ANJALI S SATHYA	Thiruvananthapuram	03:17:19

16- **200 M. Individual Medley**

Record: 02:40:52 , SHREYA MARY , Ernakulam , 2019

I	VIDHYA LEKSHMI R	Thiruvananthapuram	02:41:97
II	ANJALI S SATHYA	Thiruvananthapuram	02:49:91
III	DEVIKA K	Kozhikode	02:51:17
IV	ALEENA JERALD	Ernakulam	02:51:75
V	ANAKHA M R	Thiruvananthapuram	02:56:07
VI	ABJINI K REJISH	Ernakulam	03:08:02
VII	GOWRI KRISHNA M	Palakkad	03:19:92

17- **400 M. Individual Medley**

Record: 05:30:56 , SHREYA MARY , Ernakulam , 2014

I	ARDRA S	Thiruvananthapuram	05:56:66
II	ANJALI S SATHYA	Thiruvananthapuram	05:58:67
III	ALEENA JERALD	Ernakulam	06:03:79
IV	TASHA T THOMAS	Ernakulam	06:06:50
V	ANGELIN A JUSTIN	Thiruvananthapuram	06:22:46
VI	KAVYA M	Palakkad	06:31:12

18 - **4x100 M. Freestyle Relay**

Record Time: 04:27:66 , Thiruvananthapuram , 2023

I	VRINDA R.S ANAKHA M R	BHADRA SUDEVAN S DHAKSHINA BIJO P	Thiruvananthapuram	04:30:46
II	CAREN BENNY NICOLE POLY	HANNAH ELIZABETH SIYO ESHANI P JOSHI	Ernakulam	04:32:31
III	ANANYA R REENA ABE	RIYA ABE LEA MARIA JUSTIN	Kottayam	04:56:70
IV	AKSHAYA S KAVYA M	NIVYA M ANOOJA P	Palakkad	04:57:42
V	APARNA. S NIVEDITHA S KANNAN	JYOTHIKA R NAIR ANASWARA. S	Malappuram	05:14:16

19 - **4x200 M. Freestyle Relay**

Record Time: 09:52:60 , Thiruvananthapuram , 2006

I	VRINDA R.S SHIKHA S R	ANAKHA M R ABHINANDA V	Thiruvananthapuram	10:17:14
II	HANNAH ELIZABETH NEEHARA R PRIYESH	CAREN BENNY MEHRIN ASIF	Ernakulam	10:36:42
III	SUDHI S SANDRAJA M	AKSHAYA S ANOOJA P	Palakkad	11:09:87
IV	REEMA ABE RIYA ABE	ANANYA R LEA MARIA JUSTIN	Kottayam	11:15:58

3 - <u>4x100 M. Medley Relay</u>				
Record Time: 04:59:54 , Ernakulam , 2023				
I	AVANTHIKA PRADEEP HANNAH ELIZABETH	AMELIA MARIAM ABIN ESHANI P JOSHI	Ernakulam	04:59:77
II	DHAKSHINA BIJO P VRINDA R.S	VIDHYA LEKSHMI R RHITHU. J.S	Thiruvananthapuram	05:11:00
III	ATHIRA R SRANIKA S	NIVYA M KAVYA M	Palakkad	05:37:28
IV	RIYA ABE REEMA ABE	ANANYA R SOORYA S	Kottayam	05:54:13

Mixed Relay

1 - <u>4x100 M. Mixed Freestyle Relay</u>				
Record Time: 04:05:48 , Thiruvananthapuram , 2024				
I	VRINDA R.S ANOOP T R	BHADRA SUDEVAN S SREEHARI B	Thiruvananthapuram	04:06:64
II	ESHANI P JOSHI JOSEPH V JOSE	MOHAMMAD ABDUL HANNAH ELIZABETH SIYO	Ernakulam	04:11:19
III	KAUSTHUBNATH. J AKSHAYA S	SHIBU S NIVYA M	Palakkad	04:32:32
IV	RON JAMES PRANIL JOY JOSE THOPPAN	RIYA ABE REEMA ABE	Kottayam	04:39:77
2 - <u>4x100 M. Mixed Medley Relay</u>				
Record Time: 04:29:08 , Ernakulam , 2024				
I	AVANTHIKA PRADEEP ABHINAAV VIJIKUMAR	GIRIDHAR S ESHANI P JOSHI	Ernakulam	04:34:40
II	DHAKSHINA BIJO P SREEHARI B	GOKUL V GOPAN VIDHYA LEKSHMI R	Thiruvananthapuram	04:46:86
III	JOY JOSE THOPPAN KEVIN JINU	RIYA ABE REENA ABE	Kottayam	05:03:71
IV	KAUSTHUBNATH. J NIVYA M	ATHIRA R SHIBU S	Palakkad	05:07:03
V	APARNA. S JYOTHIKA R NAIR	PAVIN. P ERISHI CHANDRAN	Malappuram	05:24:98

INDIVIDUAL CHAMPIONSHIPS

Section	Name	Unit	Points
MEN	GOKUL V GOPAN	Thiruvananthapuram	29
WOMEN	HANNAH ELIZABETH SIYO	Ernakulam	33

WATERPOLO CHAMPIONSHIP

SECTION	Position	UNIT
MEN	FIRST	Thiruvananthapuram
	SECOND	Palakkad
	THIRD	Malappuram
	FOURTH	Ernakulam
WOMEN	FIRST	Thiruvananthapuram
	SECOND	Palakkad
	THIRD	Malappuram

MEN CHAMPIONSHIP			WOMEN CHAMPIONSHIP		
POSITION	UNIT	TOTAL POINTS	POSITION	UNIT	TOTAL POINTS
I	Thiruvananthapuram	252	I	Thiruvananthapuram	218
II	Ernakulam	164	II	Ernakulam	194
III	Palakkad	29	III	Palakkad	29
IV	Kottayam	23	IV	Kottayam	26
V	Thrissur	20	V	Kozhikode	16
VI	Alappuzha	8	VI	Malappuram	4
VII	Malappuram	2	VI	Thrissur	3
VIII	Kozhikode	2			
IX	Kannur	2			

OVERALL CHAMPIONSHIP		
POSITION	UNIT	TOTAL POINTS
I	Thiruvananthapuram	494
II	Ernakulam	382
III	Palakkad	72
IV	Kottayam	63
V	Thrissur	23
VI	Kozhikode	18
VII	Malappuram	10
VIII	Alappuzha	8
IX	Kannur	2

New records in the championship _ 2025

MEN Section

SN	Event	Name	Unit	Time (N.R.)
1	1500 M. Freestyle	R RUHUNU KRISHNA	Thiruvananthapuram	16:16:14
	<u>Existing Record:</u>	Anand. A. S	Ernakulam	16:37:13 2014
2	50 M. Back Stroke	CLIFFORD JOSEPH	Ernakulam	00:28:34
	<u>Existing Record:</u>	DHANUSH P J	Ernakulam	00:28:35 2024

WOMEN Section

SN	Event	Name	Unit	Time (N.R.)
3	800 M. Freestyle	HANNAH ELIZABETH	Ernakulam	10:14:06
	<u>Existing Record:</u>	V. Remya	Trichur	10:17:31 1999
4	200 M. Back Stroke	AVANTHIKA PRADEEP	Ernakulam	02:33:11
	<u>Existing Record:</u>	SANAA MATHEW	Ernakulam	02:35:87 2019
5	100 M. Back Stroke	AVANTHIKA PRADEEP	Ernakulam	01:10:19
	<u>Existing Record:</u>	SANAA MATHEW	Ernakulam	01:10:43 2019