



Kerala Aquatic Association

AFFILIATED TO SWIMMING FEDERATION OF INDIA



JOB ORIENTED CERTIFICATE COURSE

Swimming Pool Life guard & Swimming Trainers Training Program

10th to 16th MARCH 2024

At Dr. B. R. Ambedkar International Aquatic Complex,
Pirappancode, Thiruvananthapuram

COURSE SUBJECT

LIFE SAVING

- Professionalism
- Safety
- Vigilance
- Guest Relation
- Responding to Emergencies
- Water rescue for a responsive guest
- Water rescues for an unresponsive guest
- Extrication
- Spinal injuries
- CPR & AED
- First Aid Supplemental Oxygen support
- Open Water Lifeguarding

SWIMMING COACHING

- Swimming and its importance
- Important tips
- Fundamentals of Swimming
- Technique of Swimming & check list for proper execution of Strokes
- Safety practices
- Lean to Swim progressions
- Warm ups

Admission to physically fit Men & Women 18 years & above with practical knowledge in Swimming

Admission to the course will be confirmed only after preliminary test.

REGISTRATION FEE FOR PRELIMINARY TEST RS 500/- {NON REFUNDABLE} | COURSE FEE RS 9500/-

Candidates has to make their own boarding & lodging arrangement for attending the course. | Courses shall be handled by subject experts in the respective fields. | Certificates shall be distributed to candidates on successful completion of written / practical test with minimum pass mark. | Admission to limited candidates only. **Apply on or before 03rd March 2024** in the prescribed form along with registration fee of Rs 500/-. | Candidates should submit the medical /physical fitness certificate duly certified by a registered medical practitioner along with age proof while reporting for the course on 10th March 2024.

Use this link to register : <https://forms.gle/z3NogiyDxwFCJbmU9> LINK FOR LIFE SAVING COURSE-2023-24

All payments through google payment or through bank transfer only. No cash payment will be accepted.

KERALA AQUATIC ASSOCIATION
State Bank of India, Trivandrum Main Branch
Account No 00000057036987231
IFSC SBI0070028



(Scan & Pay)

For further details contact : **T.S.Muraleedharan – 9447219983** | **G.R.Manoj 8547833833**